

Priority Commitments	Lead agency & service	Latest achievements and activities
People in Southampton live active, safe and independent lives and manage their own health and wellbeing		
1.1 Encourage and promote healthier lifestyle choices and behaviour, with a focus on smoking, alcohol / drug use, physical activity, and a healthy weight, including walking and cycling more.	SCC Public Health	<p>Smoking</p> <ul style="list-style-type: none"> - New training and quality improvement service commenced, Southampton Smokefree Solutions, supporting local health & care providers to enable people to be smokefree - Smoking cessation embedded in maternity service and NHS Lung Health Checks service at University Hospital Southampton - Primary Care Networks providing stop smoking support, in addition to open-access services in commissioned Pharmacies - Developing plans to support mental health, drug and alcohol and homelessness services to be smokefree - "Quit for Covid" campaign <p>Physical activity</p> <ul style="list-style-type: none"> - Strategic steering group for the physical activity and sports strategy - Physical Activity Alliance for partners and stakeholders - Mental health awareness week focused on nature and physical activity - Energise Me invested £61k in 11 Southampton schools, which will use the funding to run a range of activities including summer holiday activity and sports clubs, swimming courses and bush craft/gardening sessions. - Public health funding has supported active travel to expand several programmes to include schools and communities in target areas. These include learn to ride lessons, Bike it training and volunteer development to support cycling and scooting among inactive target groups (including women, girls and BAME communities). <p>Healthy weight</p> <ul style="list-style-type: none"> - National "Better Health" campaign and NHS online tools promoted locally - New insights work starting on adult weight, linked to covid19. - Services in place and expanding, where effective and affordable - Childhood obesity Cabinet Action Plan includes intergenerational prevention and the food environment <p>Alcohol/drug use</p> <ul style="list-style-type: none"> - New telephone support line for alcohol - Successful bid for extra PHE funding for drugs services - Young People's service provides educational sessions about risk in secondary schools
1.2 Encourage and promote healthy relationships and wellbeing of individuals of all ages, carers and families, particularly for those at risk of harm and the most vulnerable groups through increasing early help and support.	SCC Public Health	<p>Sexual health</p> <ul style="list-style-type: none"> - Current service contract continues and provided targeted support to vulnerable groups (i.e. teenagers, homeless population, sex workers, men who have sex with men) - Sexual Health Improvement plan 2020-24 is in place, although delayed by COVID-19. Current priorities include identifying and reducing inequalities in sexual health, equitable provision of Emergency Hormone Contraceptive, and quality and monitoring of Long Acting Reversible Contraceptive <p>Children and young people</p> <ul style="list-style-type: none"> - Needs assessment completed, this has informed the development of the Children and Young Peoples strategy - Refreshed prevention and early intervention plan in development <p>Vulnerable groups</p> <ul style="list-style-type: none"> - Phoenix@Pause Southampton service has been supporting vulnerable women that have had multiple children taken into care to meet their complex needs (e.g. mental health, domestic violence, substance use, housing), and is demonstrating good outcomes. - Holistic outreach service commissioned to support women who sell sex on the street - Domestic Abuse Cabinet Action Plan in place <p>Carers</p> <ul style="list-style-type: none"> - Strong programme of reaching out to carers (paid and unpaid) to promote the Covid Vaccination programme

Priority Commitments	Lead agency & service	Latest achievements and activities
1.3 Support people to be more independent in their own home and through access to their local community making best use of digital tools including Telecare.	Southampton's Integrated Commissioning Unit (ICU)	<ul style="list-style-type: none"> - CCG funded Communicare pilot: Hello Southampton offering daily phone call health and wellbeing check-ins by volunteers, Home Welcome - a good neighbour visiting people after illness or hospital discharge - SO:Linked So:Connect digital inclusion project - A continued flexible and creative approach to reaching those in need and promoting their independence and wellbeing has been at the centre of what SO:Linked has done in recent months - Working with CVSE organisations to promote 'digital enabling' aiming to reach more people through this approach, building on the successes during the pandemic response
1.4 Ensure that information and advice is coordinated and accessible	Southampton's ICU	<ul style="list-style-type: none"> - Advice Southampton consortium of providers of advice information and guidance services. Development of information pods allowing access to AIG (Advice, Information and Guidance) services remotely (avoiding need for bus journey). AIG successful in gaining additional external funding in response to COVID 19. - AIG has continued to adapt to the changing need following on from the early changes required by the pandemic response.
1.5 Prioritise and promote mental health and wellbeing as being equally important as physical health.	SCC Public Health	<ul style="list-style-type: none"> - Contract for provision of Connect 5 mental health training across Southampton has been awarded with training to start in August for frontline workers across the city who are in contact with residents, particularly those who are vulnerable to mental ill health and suicide. - Continued support for mental health campaigns including Time to Talk, World Mental Health Day and Suicide Prevention Day. - Other public health campaigns highlight mental health benefits of physical activity, reducing drinking and stopping smoking. <p>Suicide prevention</p> <ul style="list-style-type: none"> - ICS Suicide prevention programme - 3-year programme of work across H10W
1.6 Increase access to appropriate mental health services as early as possible and when they are needed.	Southampton's ICU	<ul style="list-style-type: none"> - Implemented extended periods of care and partner assessments within to NICE concordant community Perinatal Mental Health services - Expansion of Improving Access to Psychological Therapies (IAPT) services including dedicated access for people with long term health conditions, and step 3.5 group treatment offer for people who currently fall between service eligibility criteria - Implement integration (No Wrong Door) through PCN development bringing together primary care, IAPT, secondary care mental health services and voluntary sector with new Enhanced Primary Care Mental Health roles - Work with ICS to contribute towards the delivery of the work programme to increase access to bereavement support and to coordinate a training offer to bereavement support services - Appointed organisation "To Make Southampton a Mental Health Friendly City" to further support the development of the Southampton Mental Health Network and Service User Network - Secured NHS England transformation funding to provide an integrated multi-agency response to support the mental health needs of rough sleepers - Worked with partners to develop a second Lighthouse on the East of the city as a result of NHS England transformation funding awarded from April 2021 - Primary Care Education series to enhance GP confidence in managing expected presentations including PTSD, complex grief and bereavement and health anxiety
1.7 Make every contact count by ensuring all agencies are able to identify individual needs and respond /refer to services as appropriate.	SCC Public Health and Southampton's ICU	<ul style="list-style-type: none"> - Making Every Contact Count (MECC) training paused by Health Education England (HEE) during Covid19, programme now restarting. - MECC training offered to Primary Care Networks, Citizen's Advice and available to all NHS organisations. - Links made with health protection and stronger communities team to train COVID/community engagement officers in MECC - Supporting the HEE project to offer MECC training focussed on alcohol to GP practices - Investigating links to SCC customer service programme
1.8 Promote access to immunisation and population screening programmes.	NHS England, Clinical Commissioning Group, SCC Public Health	<p>Covid-19 vaccination</p> <ul style="list-style-type: none"> - Rapid deployment of NHS Covid-19 Vaccine Programme - Integrated support for programme across NHS and Local Authority partners - Strategic Vaccine Uptake Group (SVUG) formed to support strategic, data, communication, engagement, and operational perspectives - Twin track approach utilising large cohort mainstream offer via local vaccination services (PCN) and local vaccination centres (Oakley Rd) and targeted track to reduce health inequalities such as through pop-up clinics in specific community settings <p>Immunisation and screening programmes</p>

Priority Commitments	Lead agency & service	Latest achievements and activities	
		<ul style="list-style-type: none"> - NHSE review of covid impact on uptake, local programme in place to increase uptake in recovery with key target dates for delivery - Planning for resumption of usual NHS Health Checks activity from April 2022, sooner if possible. Activity continuing in line with GP Practice capacity until then. 	
Inequalities in health outcomes are reduced.			
2.1	Reduce the health inequality gap between the most deprived and least deprived neighbourhoods in the city through a community based approach that is proportionate to level of need.	Southampton's ICU	<ul style="list-style-type: none"> - SO:Linked undertook community conversations, continuing through local solution groups. SO:Linked established the Green Network bringing partners together to grow, cook and eat together across generations (supported by City Catering). - SO:Connect project providing support to enable digital inclusion - SCC led COVID champions scheme to provide advice at a neighbourhood level with targeting of COVID Vaccination on communities with low take up. - Continuing the work of the local solutions groups, within individual communities, to promote services available and identify gaps in provision.
2.2	Take action to improve men's health to reduce the difference between male and female life expectancy through community based initiative to deliver behaviour change.	SCC Public Health	<ul style="list-style-type: none"> - All public health activities and communications are needs-led, where access and uptake is low for males, provision is increased and more targeted – proportionate to this increased need - Southampton's Covid-19 vaccination campaigns and pop up opportunities targeting priority groups, geographical areas and occupations where uptake low, males having lower uptake than females in many of these groups - Suicide prevention plan includes a second year of innovation fund projects that focus on suicide prevention through innovative models of delivery in the community
2.3	Reduce inequalities in early child development by ensuring good provision of maternity services, childcare, parenting and early years support.	SCC Public Health and Southampton's ICU	<ul style="list-style-type: none"> - Maternity services offering stop smoking support to pregnant women who are smokers with behavioural support and direct supply NRT. - Maternity service supporting covid-19 vaccination of pregnant women and encouraging young women considering pregnancy to get vaccinated - Continued delivery, and extension to further venues, of Healthy Early Years Award (HEYA) - Continued provision of the 0-19 services, with more targeted health visiting provision and digital approaches for lower level support further extended due to covid-19 - Continued provision and extension of parenting programmes through the 0-19 integrated service
2.4	Work with schools to improve healthy life style choice and mental wellbeing and reduce adolescent risk taking	SCC Public Health	<ul style="list-style-type: none"> - Work with Lifelab to support children's understanding of covid-19 in primary and secondary schools and rollout of the covid-19 testing programme - Health protection team support to schools in the event of outbreaks and to provide preventative advice and support with risk assessments - Schools continue to have access to expert advice, guidance and resources from the PSHE Association in response to the statutory RSHE curriculum - Roll out of Mental Health Support Teams in schools in Southampton. - Delivery of Anna Freud and SCC workshops with schools and other partners. - Educational sessions on drugs offered to all secondary schools
2.5	Target access to advice and navigation to services for those who are most at risk and in need to improve their health outcomes.	Southampton's ICU	See 1.4
2.6	Ensure that health inequalities are taken into account in policy development, commissioning and service delivery.	SCC Public Health	<ul style="list-style-type: none"> - This priority is built into aligned strategies and plans to ensure delivery - It is a central objective in the Local Outbreak Management Plan to respond to and prevent increasing risk from covid-19 - It is the recommendation from the Director of Public Health's annual report 2020/21 and will shape recovery plan intentions. Going forwards, the key approach to delivery of this priority will be ensuring 'health in all policies'
2.7	Provide support to help people access and sustain quality jobs, targeting those who are long term unemployed or with families.	Employment services SCC	<ul style="list-style-type: none"> - Service provides high quality and timely advice to job seeking customers, from ages 16 and above; particularly those with a range of vulnerabilities such as persons experiencing challenges with neuro-diversity, mental health or self-care - Funding agreements secured with the DWP, the NHS and Adult Services to provide ongoing support to these groups - New Young Adult Employment Hub continues to trailblaze a local offer, working from the Central Library, providing Information, Advice and Guidance to young people who have been impacted by changes to the local employment market

Priority Commitments	Lead agency & service	Latest achievements and activities	
		<ul style="list-style-type: none"> - The service is also active in helping us plan for and understand the different risks that communities across the city will endure from the impact of growing unemployment, below entry level skills and dealing with debt and poor mobility – linking into Levelling Up agenda to guide our anti-poverty response, promote prosperity and work together through the auspices of Southampton Connect and the Economic and Green Growth Strategy - Employment support, through the SCC in-house team, is now been provided for those living with a mental illness and those who have a substance misuse disorder (SUDs) 	
Southampton is a healthy place to live and work with strong, active communities			
3.1	Support development of community networks, making best use of digital technology, community assets and open spaces.	SCC Stronger Communities team with Southampton's ICU	<ul style="list-style-type: none"> - Stronger Communities team is supporting the emergence of new and strengthening community engagement networks - A new engagement leads network has been convened and a new Community Engagement and Cohesion Team will strengthen our direct engagement with communities, working closely with SO:Linked - The COVID Champions network grows from strength to strength and is a model for engagement that will be utilised in the Stronger Communities Team in other realms including community safety. - The SO:Let's Connect forum is exploring the voluntary sector's capacity to utilise and benefit from digital technology - The Stronger Communities team has also been active in supporting a range of sports-based initiatives, such as the Positive Through Football meeting, Energise Me, legacy work for the Euros 2022 and the Saints Foundations Active Through Football Community programme. Our ambitions for a Child Friendly City are at an early stage, but maturing and ready to go live once approved as a local approach. - SO:Linked local solutions groups continue to develop. Mapping of available resources. Using data available to identify need at a neighbourhood level. - Developing responses to need (e.g. Men in Sheds/Youth Clubs) - Supporting communities to get involved with the City of Culture Bid - SO:Linked in the process of working with local solution groups to define the current community asset offer for various target groups (e.g. Children and families/adults with mental health needs/older people/Carers) - SO:Linked delivering infrastructure that supports network development, along with CVSE organisations.
3.2	Improve housing standards and reduce illness and avoidable deaths related to fuel poverty.	SCC Public Health	<ul style="list-style-type: none"> - Through Advice Southampton Environment TEC have offered support to residents in fuel poverty - Southampton Warmth for All Partnership continues and is chaired by the Director of Public Health
3.3	Develop an understanding of, and response to, social isolation and loneliness in the city.	Southampton's ICU	<ul style="list-style-type: none"> - So:Linked mapped community assets and available on website - Continue to access GENIE tool to reduce loneliness - Carers in Southampton <p>Communicare schemes (see above)</p> <ul style="list-style-type: none"> - See 1.3
3.4	Work with city planners to ensure health is reflected in policy making and delivery.	SCC Public Health	<ul style="list-style-type: none"> - New roles in planning and in public health geared towards planning for health - See also 2.6
3.5	Deliver a cleaner environment through a clean air zone with vehicle access restrictions to the city.	SCC Transport	<ul style="list-style-type: none"> - Clean Air Zone not recommended at the time due to a local NO2 plan which sets out a business case to central government that utilise a series of non-charging measures to reach the same targets – see Clean Air Update (southampton.gov.uk) - Continuing to address air quality through the Air Quality Action Plan that has specific measures for 10 air quality management areas, the local NO2 plan, and Clean Air Strategy 2019-25 as well as in line with the Green City Charter, which was delivered, with cross political party support - Green City Board in operation, monitoring plan delivery
3.6	Work with employers to improve workplace wellbeing through healthier work places.	SCC Public Health and employment services	<ul style="list-style-type: none"> - Wellbeing@Work supported 16 organisations to become Wellbeing@Work Employers. Programme being evaluated as part of wider review of how best to promote job quality. - Health protection team supporting employers to ensure covid-19 security – through preventative actions and outbreak control
People in Southampton have improved health experiences as a result of high quality, integrated services			
4.1	Improve health outcomes for residents, at a lower cost, through integration and joint	Southampton's ICU	<ul style="list-style-type: none"> - The city's services continue to work towards the delivery of integration and joint working as part of the implementation of the Health and Care Strategy 2020-25. This is evidenced in services for all age groups, including SEND services, 0 – 19 services, Rehab and Reablement services and finally core community services for

Priority Commitments	Lead agency & service	Latest achievements and activities
working across all health and Council services.		adults and older people. Delivery of this programme is monitored through the Better Care Steering Board, Joint Commissioning Unit. - Testing of 'One Team' approach has expanded to the East and West of the city. Promoting integration between core community health and care services
4.2 Prioritise investment in and embed a prevention and early intervention approach to health and wellbeing across the city.	Southampton's ICU	- Monitoring delivery of the Health and Care Strategy for Southampton which has a prevention and early intervention approach at its core
4.3 Deliver a common approach to planning care tailored to the needs of the individual or family.	Southampton's ICU	As part of 'One Team' shared approaches to planning care are developing.
4.4 Deliver the right care, at the right time, in the right place by working as locally as possible and shifting the balance of care out of hospital to community providers.	Southampton's ICU	- Single Point of Access development for the city, initially to support hospital discharge embedded.
4.5 Maximising opportunities for prevention and early intervention through making every contact with services count.	SCC Public Health	See 1.7 above - Working through the health and care strategy 'prevention and health inequalities' board